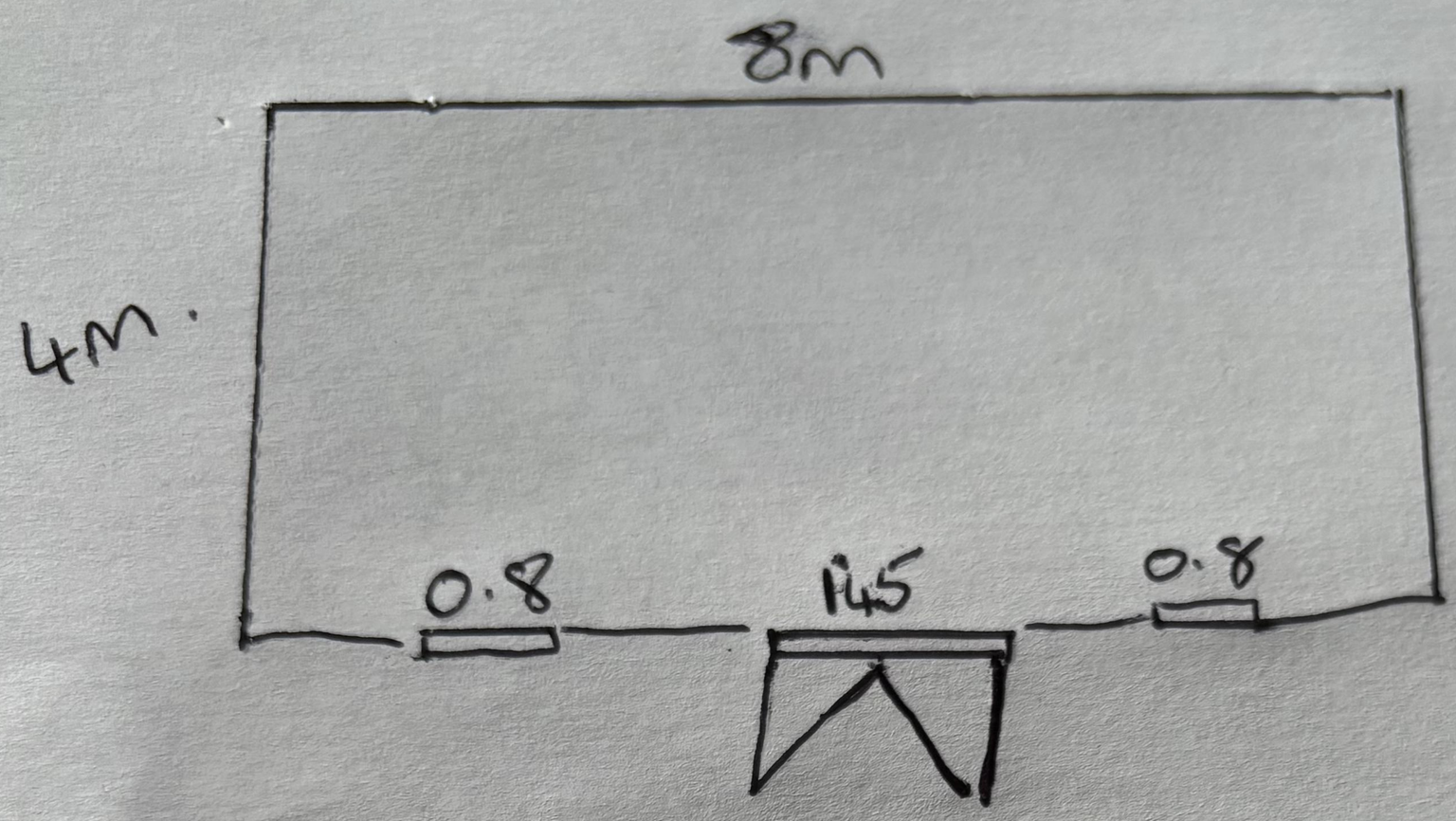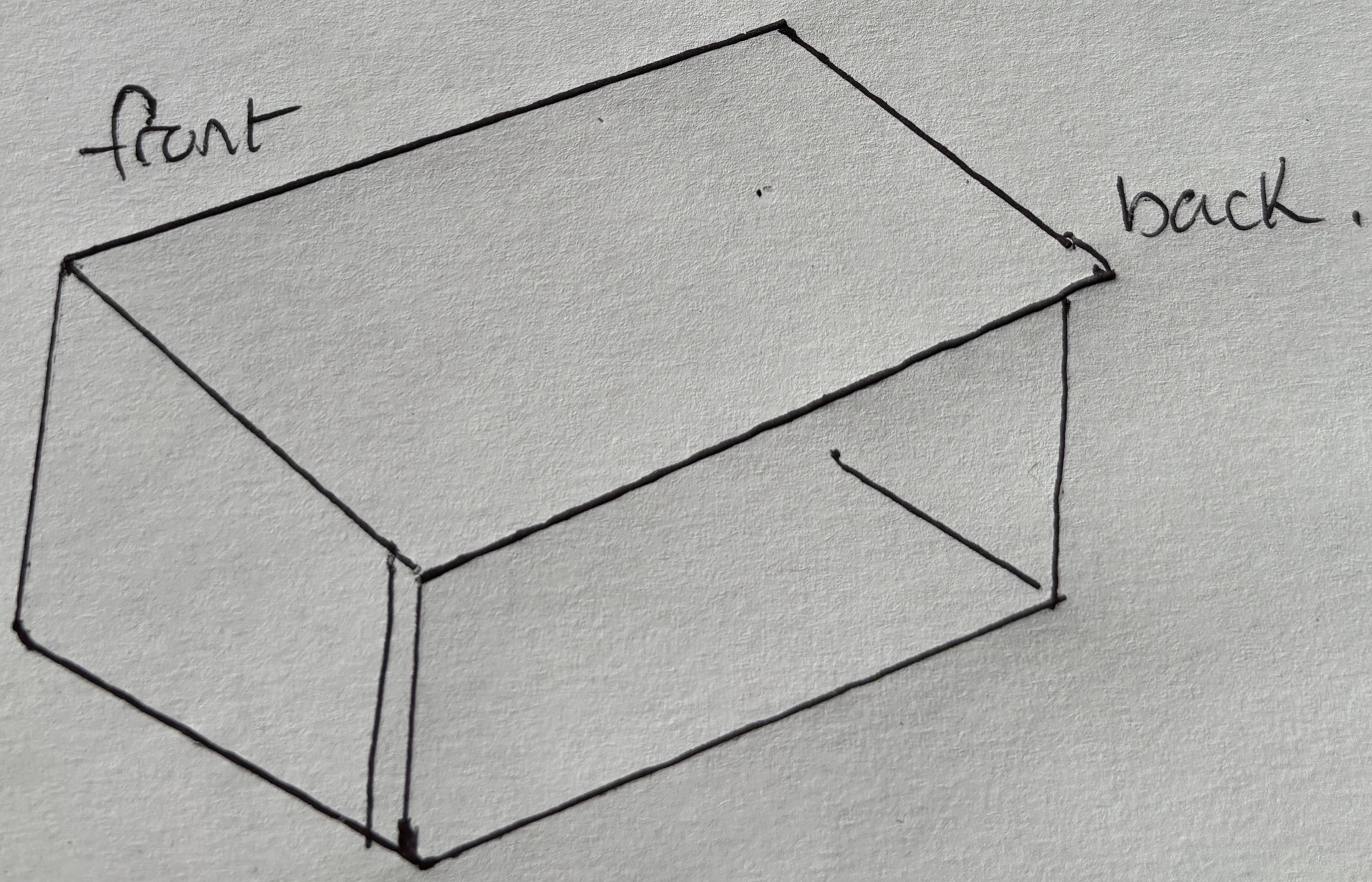1cm - 1m