

From: Planning@horsham.gov.uk <Planning@horsham.gov.uk>
Sent: 25 September 2026 17:58:35 UTC+01:00
To: "Planning" <planning@horsham.gov.uk>
Subject: Comments for Planning Application DC/26/1205
Categories: Comments Received

Comments summary

Dear Sir/Madam,

Planning Application comments have been made. A summary of the comments is provided below.

Comments were submitted at 25/09/2026 5:58 PM.

Application Summary

Address:	The Sports Pavilion Church Lane Ashington West Sussex RH20 3JY
Proposal:	Change of Use of the site to create a small-scale wellness retreat, to provide sauna, cold water therapy and relaxation facilities. Erection of a timber-framed reception/office, changing rooms, a mobile sauna, outdoor showers, two cold plunge pools, timber decking, a timber pergola and associated landscaping.
Case Officer:	Sam Nye

[Click for further information](#)

Customer Details

Address:	26 Rectory Close Ashington
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Comments Details

Commenter Type:	Member of the Public
Stance:	Customer made comments in support of the Planning Application
Reasons for comment:	
Comments:	I strongly support the proposed development of Vision Saunas in Ashington, providing a dedicated wellness and rehabilitation facility incorporating a sauna and cold-water pool. Ashington and the surrounding communities would benefit from having greater access to facilities that promote physical recovery, relaxation, health and general wellbeing. A purpose-built sauna

and cold-water facility would provide an opportunity for local people to incorporate recovery and wellness into their everyday lives, whether following exercise, physical work, rehabilitation or simply as part of a healthy lifestyle.

The combination of heat and controlled cold-water exposure is increasingly being incorporated into modern wellness, fitness and recovery facilities. Facilities elsewhere already combine saunas, cold-water experiences and other recovery amenities, demonstrating the growing demand for this type of provision.

Kind regards

Telephone:

Email: planning@horsham.gov.uk



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